## Thesis topics dietetics 2024/2025

Medical Nutrition Therapy of Chronic Diseases **Profession and Practice of Dietitians** Dietary Habits, Nutrition, Nutritional Status in the Life Cycle Media, Literature, Film Art - Gastronomy, Alimentation Risk of eating disorders in different populations

Effect of different diets on mood, mental health

Stress and nutrition

Effect of obesity on reproduction Examination of sarcopenia in the elderly Diet therapy for endocrinological diseases Obesity as a challenge for the 21st century

Catering surveys

Quality of life and health behaviour of women diagnosed with endometriosis Investigation of lifestyle risk factors for the development of endometriosis

Intuitive eating

Attitudes towards diets Attitudes toward food groups

Attitudes toward dietitians in different fields

Comparison between the dietary habits of different ethnic groups

Sustainability in catering, public catering

The relation between plant-based diets and heart diseases.

Plant-based diet and the microbiom. Plant-based diet and sustainability. Plant-based foods health effects. Fad diets and their helath concerns. Plant-based diet in sport nutrition.

Does habitual caffeine consumption influence the effects on sports performance?

Creatine supplementation among endurance athletes

Periodized nutrition for athletes

Dietary supplements used in different sports (team sports, endurance sports, resistance training)

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